

Viking® Lift

Skills Checklist

Staff Signature: _____

Trainer's Signature: _____

Date: _____

Skills Checklist	✓	Initials
1. Demonstrate and verbalize the available bed features to aid in transferring patients.		
2. Verbalize weight capacity of lift, and demonstrate use of hand controls and safety features—including emergency operations and storage recommendations.		
3. Verbalize hospital policy for assessing and determining patient dependency and process for communicating transfer needs (equipment and slings).		
4. Demonstrate process to apply sling.		
5. Demonstrate use of raising the head of the bed for application of the seated sling.		
6. Demonstrate seated sling application (Sling Application Golden Rules).		
7. Demonstrate prelift safety check of sling straps. Straps should be secured properly in the sling bar hooks. Safety latches should be in place. Sling straps should not be twisted.		
8. Demonstrate proper lifting height, ie, raising the patient to a minimal height to clear the bed/chair surface.		
9. Demonstrate seated transfer from the bed to the chair/toilet/stretchers.		
10. Demonstrate repositioning in the chair.		
11. Demonstrate transfer from the floor.		
12. Demonstrate seated sling removal with minimal manual lifting or skin shear.		
13. Demonstrate repositioning the sheet application.*		
14. Demonstrate turning the patient from side to side and boosting up in bed using the repositioning sheet.*		
15. Demonstrate supine lateral transfer to the stretcher.*		
16. Demonstrate the use of the MultiStrap™ for limb holding, turning in bed, and foley catheter insertion.*		
17. Demonstrate ambulation with LiftPants™ and arm support.*		
18. Verbalize the reason for never leaving the patient unattended during transfers.		
19. Verbalize the reason for plugging in the lift when not in use.		

*If applicable

I have read and understand the associated Lift and Sling Instruction Guidelines.

Name: _____ Date: _____